

# **Building a Better Budget**

## 1 Why is it important to maintain a budget?



40% of all Americans could not come up with \$400 in the case of an emergency.



85% of Americans are anxious about their financial lives.



42% of employees say it's likely they'll need to use money held in retirement plans for other expenses.

## 2 Where do I start?

## **Step 1: Understand Your Current Spending Habits & Cash Flow**



Review 3 months of credit card statements & bank account history



Track your expenses in an Excel sheet or budgeting app



Start with your cash inflow, including all areas of income

Necessary

Mortgage or Rent

Utility Bills

Groceries

· Child Care

Transportation

· Essential Clothing

#### Categorize & Analyze Your Expenses

Total

Expenses

50%

30%

#### Lifestyle

- Cable TV
- Streaming Services
- · Trips to the Movies
- Unessential Clothing
- Dining Out

#### Savings & Debt

- · Savings Account
- 401(k), IRA, 403(b)
- HSA/FSA Contributions
- · Investment Accounts

#### **Step 2: Build Your Emergency Savings**

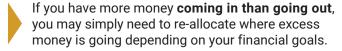


Emergency account with at least \$1,000.



**3-6 months** worth of your expenses in a savings account is ideal.

## **Step 3:** Evaluate Where You Can and Need to Make Changes



If you have more money **going out than coming in** each month, you'll have to look for areas to cut back or look for ways to increase your income.

### 3 How do I stick to it?



Don't be too restrictive



Keep it in writing – digital format or on paper



Include the whole family when planning



Try to have someone else help keep you accountable



Try not to change everything at once



Schedule time to review and reconcile your budget



Reward yourself as you hit small milestones



Use any tools available to you

Following the steps above will set you on the correct path to understanding your budget and building a better one.

- Contact your HORAN Wealth representative at 513.745.0707 and visit www.horanwealth.com for more information.
- For additional HORAN WealthBeing resources visit: horaneducation.com

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